

TWICE-



## **Our History**

The Quad Manhattan has long-offered parent workshops throughout the summer camp season with the goal of deepening parents' understanding of the daily practices of the 2e Experts working with their children. We surveyed our parents and have developed a full year course, covering a variety of topics of need and interest. See below for more information!

# Fall 2019-Spring 2020 Course Info

2x/month, 11:30 AM-1 PM (90 minutes) 25 Pine St. 4 FL NYC 10005

Semester I: Sept.-Dec. 2019

Strengths-Based Perspective 9/10/19 & 9/24/19

Executive Functioning Language 10/8/19 & 10/22/29

Crisis intervention/Frustration tolerance 11/12/19 & 11/19/19

Stress Management 12/3/19 & 12/17/19

Semester II: Jan.-Apr. 2020 Topics & Dates TBA



## Strengths-Based Perspective

The basis of all TQM programming is rooted in the strengths of the students. Learn how to use your child's gifts and talents to teach and reinforce skills around the house and at school. Master advocacy strategies for working with your team to find & create successful moments everyday for your child.

## **Executive Functioning Language**

Much of what your child learns at TQM has it's own unique lingo. Learning these tools provides a common language for skill development and brings self-awareness to your child's needs.

# Behavioral Management/Frustration Tolerance

One of the most highly requested talks, behavior intervention begins with prevention and proactive tools & language. While kids are still learning to cope, parents need a toolkit of their own to diffuse intense moments of emotional dysregulation at home.

### Stress Management

Adults have their own way of coping that has taken years to develop, but nobody's perfect! Learn how to effectively apply techniques used by TQM staff to keep it together at times when stress hits your family.

#### **About us**

#### **Expert Staff**

Instructors at The Quad Manhattan's Parent Workshops have years of experience working with child and adult populations. Meeting the needs of highly intelligent people who learn differently is our area of expertise.

#### **Facilities**

The classrooms at 25 Pine St. are occupied by The Quad Preparatory School, leaders in 2e Education grades K-12, providing the perfect backdrop for parent learning.

#### **Our Services**

Each course lasts approximately two sessions. Each class builds upon practices previously discussed. Full participation is highly recommended. Semester-long pricing is listed below.

Enroll now by visiting www.thequadmanhattan.com/parentworksh ops or email Associate Director, Julia Rutkovsky, LMSW at julia@thequadmanhattan.com

Registration is limited. Please enroll by August 31, 2019 to reserve your spot.

8 weeks- \$680.00 (\$85/session)! Monthly billing available if needed.